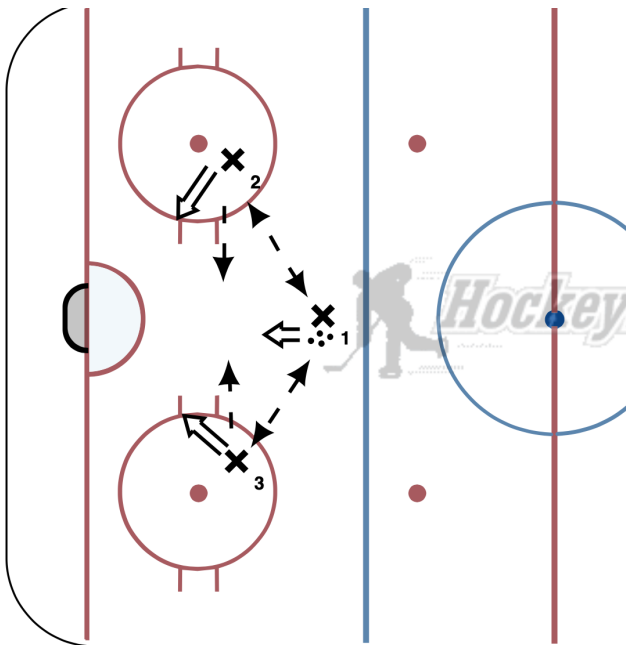




POWER PLAY PASSING



Drill Description:

X1 starts with a puck and passes puck to X3 or X2, Player who receive first pass can shot or pass again to the other two players. Passing continues for no more than 3 passes before a shot is taken. Rounds in front, play them out.

Key Points:

- Goalie is working on staying on feet as players are further away.
- Staying out at the top of crease, not sinking back into blue.
- After multiple repetitions for all goalies add a screen to the front of net to make goalie battle to find the puck.